

# **NEW JUABEN SOUTH MUNICIPAL HEALTH DIRECTORATE**

## **NUTRITION INTERVENTIONS**

### **INTRODUCTION**

Good nutrition is central to the achievement of good health, one's full growth and development potential, and this culminates in economic development. Improved nutritional outcome is possible amidst concerted efforts by all stakeholders to holistically and sustainably address challenges that undermine the gains made.

Culturally acceptable and cost-effective public health interventions have contributed greatly towards behavior change, appropriate feeding and care practices, supplementation and appropriate management of malnutrition.

Adherence to these recommended health interventions with increased access makes the achievement of improved health a reality.

### **NUTRITION ACTIVITIES**

- Growth Monitoring and Promotion
- Micronutrient Supplementation (Vitamin A Supplementation, Girls Iron Folate Tablet Supplementation, Micronutrient Power for Children 6-23 months)
- Nutrition Counselling (Nutrition Clinic)
- Management of Severe Acute Malnutrition
- Sensitization on Start Right, Feed Right Campaign from birth to 2 years
- Nutrition Data Management, Validation and Feedback
- Training and Supportive Supervision